President's Report

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Another Productive Year

The Gabriola Health Care Foundation's job is to:

- understand the health care needs of islanders,
- provide a modern, well-equipped health care centre attractive to health care professionals, and
- implement initiatives to meet the health care needs of our community.

As the Committee reports will show, the Foundation has made significant accomplishments since 2022, more importantly we have achieved almost all of our strategic plan objectives including:

- Knowing our community's needs and having a plan to address those needs,
- Building a stronger, board with the diverse skills needed to support health systems transformation,
- Strengthening our joint planning capacity with the Clinic staff to achieve mutual objectives,
- Ensuring the community knows about the Foundation's work.

And We've Achieved Results

- Our membership has grown,
- We have attracted grants and new donor funding,
- We actively participate in health transformation planning tables,
- Our coordinated and sustained approach to doctor recruitment and retention in collaboration with our Medical Clinic is showing results,
- We are in the process of rebuilding our website, and
- We have introduced new health promotion initiatives.

Strengthening our Financial Base

- The Foundation receives no operational (government) funding and relies on two main revenue streams:
 - tenant rents, and
 - donations and grants.
- We reinvest our tenant rents to ensure our Community Health Centre is:
 - kept in great shape, and
 - attractive and welcoming for medical staff and for their clients and patients.
- We plan for 25 years in the future. And as our Treasurer's Report will show, we are in good financial shape, due to prudent management with the long term in mind.
- We rely on donations and grants for much that we do including:
 - supporting initiatives that help us understand the needs of our community (e.g., <u>Gabriola Health Report</u> and <u>Gabriola Health Matters</u>), and,
 - developing and delivering health promotion and prevention programs to address unmet needs.

Increased Focus on Systems Transformation

The Foundation participates at two multi-partner planning tables:

Collaborative Service Committee -

The CSC is the forum for discussing issues of concern for patient care outcomes, co-determining priorities and co-designing solutions (CSC Purpose).

Primary Care Network -

A PCN brings together physicians, nurse practitioners, nurses, allied health care providers, health authority service providers, and community organizations to provide the primary care services a local population requires in a team-based approach (PCN Purpose).

Participation at these two tables is significant because typically both are set up to serve much larger populations. For instance, there is a CSC for all of Nanaimo.

For these initiatives, we work closely with Gabriola Medical Clinic staff, the Gabriola Health and Wellbeing Collaborative, People for a Healthy Community, the Rural and Remote Division of Family Practice, the Ministry of Health, and Island Health.

Comings and Goings

This past year we have seen the departure of several former current and past Board members.

The Board extends its thanks to:

- Chris Loranger, who produced our first newsletter and started our communication planning process
- Dr. Don Sutherland, who gifted us with his extensive knowledge and experience of delivering quality primary health care services,
- Audra Davies, who started us on the path to refresh our strategic plan and has graciously offered to continue to help us with that process, and,
- Nancy Rowan, who has served the Foundation over many years, retired and then came back again to help steer us through the complex health care system changes.

Comings and Goings (Continued)

And we welcome Jeff Malmgren and Lu Lazzarotto who joined us this term

Sadly, Lawrence Spiro and Ian Brownlie passed away this year.

- Lawrence was a founding director of GHCF and was its second president. His knowledge of the health care system was critical in GHCF's formative years.
- Ian was also one of our early Board members and an early chair of the building development committee. He guided the complex work of locating and developing the Gabriola Community Health Centre. They are missed but will not be forgotten.

We thank those members who will continue to serve on the Board and welcome those who have chosen to join us.

Looking Forward

I have been privileged to be President of the Foundation for the past year. I will be stepping down but staying on the board as Past President.

I am delighted that **Jeff Malmgren** has agreed to become President. His in-depth knowledge of health care systems transformation at the community level will be essential to guiding the Foundation through this time of significant change.

I look forward to working with **Jeff** and the incoming board in 2024 as we continue our efforts to ensure all Gabriolans have access to primary health care services and have opportunities to share their ideas and experiences with us.